

**Ephesians Part 8**  
**“Bringing Light to the Darkened Mind”**  
**Chapters 4:31-5:21**

A. Putting off the old \_\_\_\_\_ and putting on the new \_\_\_\_\_.

B. Put on a new mind \_\_\_\_\_

C. Sin has a \_\_\_\_\_ effect on the brain.

•**Ecclesiastes 6:7** All man’s efforts are for his mouth, yet his appetite is never satisfied.

D. The children of disobedience are \_\_\_\_\_ people.

•**1Thessalonians 5:9** For God did not appoint us (saved people) to suffer wrath but to receive salvation through our Lord Jesus Christ.

E. Losing an \_\_\_\_\_ is a different penalty than experiencing the direct \_\_\_\_\_ of God.

**The Millennial Kingdom- The literal 1000 year reign of Christ on the earth.**

F. The *birth inheritance*” which is \_\_\_\_\_ and \_\_\_\_\_ for those who are born again..

•**Galatians 4:6-7** And because ye are sons, God hath sent forth the Spirit of His Son into your hearts, crying, Abba, Father. Wherefore, thou

art no more a servant, but a son; and if a son, then an heir of God through Christ.”<sup>1</sup>

G. The *inheritance from the Lord, and is synonymous with heavenly reward, which is* \_\_\_\_\_

•**Revelaton 22:12** “Behold, I am coming soon! My reward is with me, and I will give to everyone according to what he has done.

H. God is both a \_\_\_\_\_ and a \_\_\_\_\_.

I. Being thankful begins to \_\_\_\_\_ your brain!

“Without gratitude, life can be lonely, depressing and impoverished. Gratitude enriches human life. It elevates, energizes, inspires and transforms. But cultivating an attitude of gratitude is tough. It is a chosen attitude. We must be willing to recognize and acknowledge that we are the recipients of an unearned benefit. People must give up a “victim mentality” and overcome a sense of entitlement and deservedness.

~ Robert Emmons, a professor of psychology at UC Davis

